

Date: March 4, 1982

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Category: Other communication with John Fetzer

3-4-82

Dear John,

I enjoyed our conversation very much yesterday and I really appreciate your concern for me and helping me this way. It really means a great deal to me now to begin fulfilling my spiritual service more and with this extra time I will be able to.

I cannot express how I feel knowing I will have some time to myself to devote to things I feel important to me. I already feel a great pressure is being lifted from me and I know that this will help me as well physically, having the stress of so much work lifted from me.

Next week I am cutting my hours at the night job down to 12-15 hours a week rather than the 28 hours or so and after getting some rest I am going to join a Spa and begin getting this body in shape for the future.

Then as things go and I can cut back more on my hours of work I will begin organizing my time for more writing and spiritual work on the inner planes. This I truly am looking forward to for I know there is much work on the inner planes to be done in preparation for the coming events as well as with the writing, I have a lot of ideas I want to put down on paper and see what they look like. As I do, I will send you some material to look over and see what you think.

John, concerning the foundation, as we were talking about its beginning yesterday. Last night and again this morning Master Cato came and said organize and lay a good strong foundation of people, ideas and goals, first before embarking out on a lot of, "Let's do this and let's do that," projects.

The foundation's goals are many and varied among its purposes, but mainly aimed at education of the medical and non-medical people that there are new and better ideas in the art of healing today, and let's move forward with this new ways rather than remaining in the DARK AGES OF HEALTH. Research and development and experimentation with different ideas for healing are vital and will be a major role with the foundation. From there, all else seems to fall into place. Psychic Research will come out of the study of healers and how they function in the process of healing. Also spiritual study will stem from research into Spiritual "Direct Healings" and the mechanism of faith and healing. So you can see from a beginning much will flow.

You will find many people being drawn to you and the foundation. Some very sincere in wanting to be of service to and through the foundation. Then too, you will find others wanting to use the foundation for their own means. As well, there will be those who come and want to help but really have little to offer the foundation at this time. From all of these you must learn to use the Law of Discrimination and learn to discern a person's motives. This will be one of the

challenges of the foundation, especially in its first days, such as you went through with certain people in the past.

The Universal Law of Discrimination is one of the laws a student or an organization must learn in order to best serve humanity and the Hierarchy. For a student to be accepted by a Master as a disciple he must first demonstrate that he does understand to some degree this principle, for the student must be able to discern fact from fiction in spiritual teachings if he is to progress. So it is with the foundation, it too must learn and show it understands the fundamental laws of the universe so that Hierarchy can better serve through its being.

I will close for now, but let me again thank you, and spirit working through you for having helped me in this way and giving me more time to begin preparing for more spiritual service.

Thank you,

In the Masters Light & Service,

Love, Jim